<table>
<thead>
<tr>
<th>IBS Module</th>
<th>Score</th>
<th>Additional Information</th>
<th>Skip remaining questions</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. In the last 3 months, how often did you have discomfort or pain anywhere in your abdomen?</td>
<td>Never</td>
<td>→</td>
<td>1</td>
</tr>
<tr>
<td>2. For women: Did this discomfort or pain occur only during your menstrual bleeding and not at other times?</td>
<td>No</td>
<td>1</td>
<td>Yes</td>
</tr>
<tr>
<td>3. Have you had this discomfort or pain 6 months or longer?</td>
<td>No</td>
<td>1</td>
<td>Yes</td>
</tr>
<tr>
<td>4. How often did this discomfort or pain get better or stop after you had a bowel movement?</td>
<td>Never or rarely</td>
<td>1</td>
<td>Sometimes</td>
</tr>
<tr>
<td>5. When this discomfort or pain started, did you have more frequent bowel movements?</td>
<td>Never or rarely</td>
<td>1</td>
<td>Sometimes</td>
</tr>
<tr>
<td>6. When this discomfort or pain started, did you have less frequent bowel movements?</td>
<td>Never or rarely</td>
<td>1</td>
<td>Sometimes</td>
</tr>
<tr>
<td>7. When this discomfort or pain started, were your stools (bowel movements) looser?</td>
<td>Never or rarely</td>
<td>1</td>
<td>Sometimes</td>
</tr>
<tr>
<td>8. When this discomfort or pain started, how often did you have harder stools?</td>
<td>Never or rarely</td>
<td>1</td>
<td>Sometimes</td>
</tr>
<tr>
<td>9. In the last 3 months, how often did you have hard or lumpy stools?</td>
<td>Never or rarely</td>
<td>1</td>
<td>Sometimes</td>
</tr>
<tr>
<td>10. In the last 3 months, how often did you have loose, mushy or watery stools?</td>
<td>Never or rarely</td>
<td>1</td>
<td>Sometimes</td>
</tr>
</tbody>
</table>

Alternative scale:

- 0 | Never or rarely
- 1 | About 25% of the time
- 2 | About 50% of the time
- 3 | About 75% of the time
- 4 | Always, 100% of the time
C1. Irritable Bowel Syndrome

Diagnostic Criteria*

Recurrent abdominal pain or discomfort** at least 3 days/month in last 3 months associated with two or more of criteria #1 - #3 below:

1. Pain or discomfort at least 2-3 days/month (question 1>2)
   For women, does pain occur only during menstrual bleeding? (question 2=0 or 2)
2. Improvement with defecation
   Pain or discomfort gets better after BM at least sometimes (question 4>0)
3. Onset associated with a change in frequency of stool
   Onset of pain or discomfort associated with more stools at least sometimes (question 5>0), OR
   Onset of pain or discomfort associated with fewer stools at least sometimes (question 6>0)
4. Onset associated with a change in form (appearance) of stool
   Onset of pain or discomfort associated with looser stools at least sometimes (question 7>0), OR
   Onset of pain or discomfort associated with harder stools at least sometimes (question 8>0)

* Criteria fulfilled for the last 3 months with symptom onset at least 6 months prior to diagnosis

Yes. (question 3=1)

**”Discomfort” means an uncomfortable sensation not described as pain.

In pathophysiology research and clinical trials, a pain/discomfort frequency of at least two days a week is recommended for subject eligibility.

Pain or discomfort more than one day per week (question 1>4)

Criteria for IBS-C

(question 9>0) and (question 10=0)

Criteria for IBS-D

(question 9=0) and (question 10>0)

Criteria for IBS-M

(question 9>0) and (question 10>0)

Criteria for IBS-U

(question 9=0) and (question 10=0)